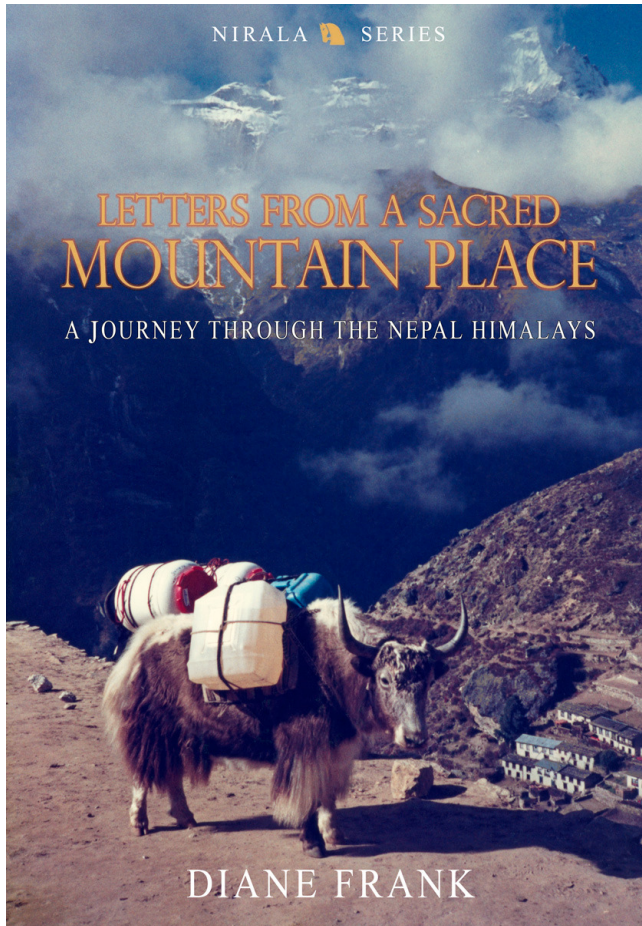


# Letters from a Sacred Mountain Place: A Journey through the Nepal Himalayas



Just Published!

Letters from a Sacred Mountain Place  
(Nirala Publishing, 2018)  
ISBN: 81-8250095-8  
Distributors: Nirala Publishing  
and Ingram (40% bookstore discount).

To schedule readings and events:

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**Walk with Diane Frank, Poet and Novelist,** on a 400 mile trek in the Nepal Himalayas. With photographs and her beautifully written narrative, she will take you to many Sacred Mountain Places. You will trek on mountain trails around Annapurna, with an ascent of 17,800 feet to Thorong La, and anoint your spirit in the sacred fountains of Muktinath. You will climb the Everest trail with astounding views of the mountains and go on pilgrimage to Buddhist temples and monasteries. The rushing water of sacred rivers will sing to your imagination. With each step of your journey, you will be transformed by the magic of the mountains.

*"Letters from a Sacred Mountain Place captures the wide-eyed wonder of Diane Frank's travels through Nepal, prior to the 1990 Democracy Revolution and the decades of upheaval that followed. She has composed a poetic homage to a place and culture that forever changed all who experienced it — and that still awakens newcomers to their inner journey."*  
- Jeff Greenwald, author of  
*Shopping for Buddhas*

Hardcover – Stories, poems and  
55 color photographs.

## NATIONAL BOOK TOUR – September, 2018 – 2019

“Best book I've read this year!” – Amazon Review

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Sept. 8, 2018	Frank Bette Center for the Arts	Alameda, CA
Sept. 21, 2018	Huntington Poetry Barn	Huntington, NY
Sept. 23, 2018	Molloy University	Rockville Ctr, NY
Sept. 24, 2018	Saturn Series Poetry Reading	New York, NY
Sept. 26, 2018	SUNY Suffolk	Long Island, NY
Sept, 2018	Writers on Writing, San Francisco State Univ.	San Francisco, CA
Nov. 2, 2018	First Fridays Art Walk	Fairfield, IA
Nov. 5, 2018	Sustainable Agriculture Building	Fairfield, IA
TBA	Think Round Gallery	San Francisco, CA
TBA	Vineyard View	Livermore, CA

“Diane Frank’s *Letters from a Sacred Mountain Place* evokes the citadels of silence that define the essence of the Himalayas. The strength of the book rests in her ecstatic recollection of the minute details of the mountain world . . .”

- Yuyutsu Sharma, Himalayan Poet, author of *Annapurna Poems & Nepal-Trilogy*

“The photographs in *Letters from a Sacred Mountain Place* take us on an extraordinary visual venture through the Himalayan Mountains of Nepal. With compositional eloquence, these pictures document a spiritual journey that fuses the majesty and mystical essence of place with the humanity of an extraordinary people living in a remarkable environment.”

- Diana Scott, Professor of Art History, Author of *Approaches to Art History*

“*Letters from a Sacred Mountain Place* takes you into the Himalayas, spiritually as well as physically.” - George James, author of *Copperhead: Tantric Lessons on Love*



**Diane Frank** is an award-winning poet and novelist. She trekked 400 miles in the Nepal Himalayas and wrote most of this book sitting on boulders on the trails and by kerosene lamp at night. She has written documentaries on Eastern and Sacred Art for the Los Angeles Country Museum of Art, the Oakland Museum, and the Maxwell Museum of Arizona. *Blackberries in the Dream House*, her first novel, won the Chelson Award for Fiction and was nominated for the Pulitzer Prize. She lives in San Francisco, where she dances, plays cello, and creates her life as an art form.

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